Since 1974

Kim's Tae Kwon Do

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Grand Master Jin W. Kim • We Build Champions Of Daily Life! • Master Sun Jin Won

Tae Kwon Do Korean Terminology

Numbers

Numbers	Sut Ja	숫자
One	Hana	하나
Two	Tool	둘
Three	Set	셋
Four	Net	넷
Five	Ta Sut	다섯
Six	Yu Sut	여섯
Seven	Il Gop	일곱
Eight	Yu Dul	여덟
Nine	A Hop	아홉
Ten	Yul	열
First	Il	일
Second	I	이
Third	Sam	삼
Fourth	Sa	사
Fifth	O	오
Sixth	Yuk	역
Seventh	Ch'il	칠
Eighth	P'al	팔
Ninth	Koo	구
Tenth	Sip	십

Titles

Title	Ch'ing Ho	칭호
Master (above 5th Dan B.B.)	Kwan Jang Nim	관장님
Chief Instructor	Chang Sa Nim	장사님
Instructor, Teacher	Sa Bum Nim	사범님
Teacher, Black Belt Instructor	Kyo Sa Nim	교사님
Assistant Instructor	Poo Sa Bum	부사범
Senior Student	Sun Bae	선배
Student	Hak Saeng, Koo Ga	학생,구가
Parent or Master	Sa Boo Nim	사부님
Grandparent	Cho Boo Mo Nim	조부모님

Salutations

Salutation	In Sa	인사
Good Morning/Afternoon/Eve	An Nyung Ha Sip Ni Gga	안녕하십니까,안녕하세요
Thank You	Kam Sa Hap Ni Da	감사합니다
You're Welcome	Ch'un Man E Yo	천만에요
Good Luck	Haeng Oon Eul Bil Gett U Yo	행운을빌겠어요
Congratulations	Ch'ook Ha	축하

Commands

Attention	Ch'a Ryut	차렷
Bow	Kyung Rye	경례
Ready Stance	Choon Bi	준비
Begin	Si Jak	시작
Attack	Kong Gyuk	공격
Stop	Keu Man	그만
Separate (Break)	Kal Ryu	갈려
At Ease	Sui U	쉬어
Continue	Kye Sok	계속
Turn Around	Tui Ro Dol A	뒤로돌아
Right and Left Face	Chwa Oo Hyang Oo	좌우향우
Pre-Warning	Choo Eui	주의
Warning	Kyung Go	경고
Deduction of Point	Kam Jum	감점
Bow to Flag	Kook Gi E Dae Ha Yu Gyung Rye	국기에대하여경례
Sit for Meditation	Anj Uh Mook Nyum	앉어묵념
Bow to Instructor	Sa Bum Nim Gge Gyung Rye	사범님께경례
Switch Feet	Pal Ba Ggwu	발바꿔

General Terms

Yes	Ne	네
No	A Ni Yo	아니요
Meditation	Mook Nyum	묵념
Force/Power	Him	힘
Energy/Essence	Ki	기
Yell with Concentration	Ki Hap	기합
Breaking	Kyuk P'a	격파
Brick	Pyuk Dol	벽돌
Board	P'an Ja	판자
Studio, School	Do Jang	도장
Flag	Kook Gi	국기
Uniform	Do Bok	도복
Belt	Hyuk Dae, Ddi	혁대,띠
Grade level before Black Belt	Keup (-geup)	급
Degree of Black Belt	Tan (-dan)	단
White Belt	Ha Yan Ddi, Hin Saek Ddi	하얀띠, 힌색띠
Yellow Belt	No Ran Ddi	노란띠
Orange Belt	Choo Hang Ddi	주항띠
Green Belt	Nok Saek Ddi	녹색띠
Purple Belt	Po Ra Ddi	보라띠
Blue Belt	P'a Ran Ddi	파란띠
Red Belt	Ppal Gan Ddi	빨간띠
Brown Belt	Noo Run Ddi	누런띠
Bodan Belt	Po Dan, Poom Ddi	보단, 품띠
Black Belt	Kum Jung Ddi	검정띠
Faith of Certain Victory	P'il Seung	필승
Loyalty	Ch'oong Sung	충성
Discipline	Hoon Ryun	훈련
Determination	Kyul Sim	결심
Responsibility	Eui Moo	의무
Modesty	Kyum Son	겸손
Patience	In Nae	인내
Respect	Chon Gyung	존경

Confidence	Sin Nyum	신념
Concentration	Chip Joong	집중
Meditation	Mook Nyum	묵념
Peace	P'yung Hwa	평화
Faith	Sin Ang	신앙
Obedience	Soon Jong	순종
Tenets of Tae Kwon Do	Tae Kwun Do Ji Ch'im	태권도지침
Courtesy	Ye Jul	예절
Integrity	Chung Eui	정의
Perseverance	Ch'am Eul Sung	참을성
Self-control	Cha Je	자제
Indomitable Spirit	Kool Ha Ji An Neun Gi Oon	굴하지않는기운

Forms

Form, Pattern	Poom Sae, Hyung	품새,형
Kicho 1	Ki Ch'o Il Jang	기초장
Kicho 2	Ki Ch'o I Jang	기초장
Taegeuk 1 (Heaven, Yang)	Tae Geuk Il Jang (Keon)	태극장
Taegeuk 2 (Firmness/Softness)	Tae Geuk I Jang (Tae)	태극장
Taegeuk 3 (Hot and Bright)	Tae Geuk Sam Jang (Yi)	태극장
Taegeuk 4 (Thunder)	Tae Geuk Sa Jang (Jin)	태극장
Taegeuk 5 (Wind)	Tae Geuk O Jang (Son)	태극장
Taegeuk 6 (Water)	Tae Geuk Yuk Jang (Kam)	태극장
Taegeuk 7 (Mountain)	Tae Geuk Ch'il Jang (Kan)	태극장
Taegeuk 8 (Earth, Yin)	Tae Geuk P'al Jang (Kon)	태극장
Koryo	Ko Ryu	고려
Keumgang	Keum Gang	금강
Taebaek	Tae Baek	태백
Pyongwon	P'yung Wun	평원
Sipjin	Sip Jin	십진
Jitae	Ch'i Tae	지태
Chonkwon	Ch'un Kwun	천권
Hansu	Han Soo	한수
Ilyo	Il Yu	일여

Sparring

Sparring	Kyu Roo Gi	겨루기
Jury	Pae Sim	배심
Referee	Choo Sim	주심
Judge	Poo Sim	부심
Timer	Kye Sim	계심
Recorder	Ki Rok	기록
Protective Cup	Nang Sim Ho Goo	낭심호구
Chest Protector	Ka Seum Ho Goo	가슴호구
1st Round	Il Hwi Jun	일회전
2nd Round	I Hwi Jun	이회전
3rd Round	Sam Hwi Jun	삼회전
Blue	Ch'ung	청
Red	Hong	홍
Free Sparring	Cha Yoo Dae Ryun	자유대련
One Step Sparring	Il Bo Dae Ryun	일보대련
Two Step Sparring	I Bo Dae Ryun	이보대련
Three Step Sparring	Sam Bo Dae Ryun	삼보대련

Body Parts

Body	Mom	몸
Head	Mu Ri	머리
Face	Ul Gool	얼굴
Eye	Noon	눈
Nose	K'o	코
Jaw	T'uk	턱
Ear	Kwi	귀
Neck	Mok	목
Throat	Mok Goo Mung	목구멍
Forehead	I Ma	이마
Shoulder	U Ggae	어깨
Arm	P'al	팔
Elbow	P'al Goop	팔굽
Forearm	P'al Mok	팔목
Hand	Son	손
Wrist	Son Mok	손목
Chest	Ka Seum	가슴
Back	Teung	등
Hip	Ung Dung I	엉덩
Leg	Ta Ri	다리
Groin	Nang Sim	낭심
Thigh	Nup Juk Da Ri	넓적다리
Knee	Moo Reup	무릎
Shin	Chung Gang I	정강이
Foot	Pal	발
Ankle	Pal Mok	발목

Striking Surfaces

Thumb	Um Ji Son Ga Rak	엄지손가락
Forefinger	Chip Ge Son Ga Rak	집게손가락
Middle Finger	Ka Oon De Son Ga Rak	가운데손가락
Ring Finger	Moo Mung Ji	무명지
Little Finger	Chae Ggi Son Ga Rak	새끼손가락
Finger Tips	Son Ggeut	손끝
Blade of Hand	Son Nal	손날
Blade of Hand (thumb side)	Son Nal Deung	손날등
Palm Heel	Pa T'ang Son	바탕손
Knuckles (first row)	Ch'ut Ma Di	첫마디
Knuckles (second row)	Tool Jjae Ma Di	둘째마디
Knuckles (last before tips)	Set Jjae Ma Di	셋째마디
Arch of the Hand	A Gwi Son	아귀손
Back of the Hand	Son Deung	손등
Wrist or Carpus	Son Mok	손목
Inner Forearm	An P'al Mok	안팔목
Outer Forearm	Pa Ggal P'al Mok	바깥팔목
Back (Top) of Forearm	Teung P'al Mok	등팔목
Front (Bottom) of Forearm	Mil P'al Mok	밀팔목
Elbow	P'al Goop	팔굽
Ball of Foot	Ap Jook	앞죽
Heel Bottom	Tui Jook	뒤죽
Blade of Foot	Pal Nal	발날
Arch of Foot	Pal Nal Deung	발날등
Toe Tips	Pal Ggeut	발끝
Sole	Pal Ba Dak	발바닥
Instep	Pal Deung	발등
Back of Heel	Twi Ggum Ch'I	뒤꿈치
Knee	Moo Reup	무릎
Hollow of the Knee	O Keum	오금
Shin	Chung Gang I	정강이
Calf	Chang Dan Ji	장단지

Stances

Stance	Su Gi	서기
Sitting Stance	An Neun Su Gi	앉는서기
Walking Stance	Kut Neun Su Gi	걷는서기
L-Stance	Ni Eun Su Gi	니은서기
Bending Stance	Koo Boo Ryu Su Gi	구부려서기
Parallel Stance	Na Ran Hi Su Gi	나란히서기
Fixed Stance	Ko Jang Su Gi	고장서기
Low Stance	Nat Ch'wu Su Gi	낮춰서기
Forward Stance	Ap Koop I Su Gi, Ap Su Gi	앞굽이서기,앞서기
Back Stance	Tuit Koop I Su Gi, Tuit Su Gi	뒷굽이서기,뒷서기
Riding Stance	Choo Ch'oom Su Gi	주춤서기
Tiger/Cat Stance	Pum Su Gi	범서기
Open Stance	Nul Hyu Su Gi	넓혀서기
Basic Ready Stance	Ki Bon Joon Bi Su Gi	기본준비서기
Sparring Stance	Kyu Roo Gi Su Gi	겨루기서기
Closed Stance	Mo A Su Gi	모아서기
Cross Stance	Kyo Ch'a Su Gi, Kko A Su Gi	교차서기,꼬아서기
Crane Stance	Hak Da Ri Su Gi	학다리서기

Blocks

Block	Mak Gi	막기
High (Face) Block	Ul Gool, Sang Dan Mak Gi	얼굴,상단막기
Middle Block	Mom T'ong, Choong Dan Mak Gi	몸통,중단막기
Low Block	A Rae, Ha Dan Mak Gi	아래,하단막기
Inside Out Block	Pa Ggat Mak Gi	바깥막기
Outside In Block	An Mak Gi	안막기
Cross Block	Ssang Soo Mak Gi	쌍수막기
Side Block	Yup Mak Gi	옆막기
Circular Block	Tol Ryu Mak Gi	돌려막기
Knife Hand Block	Son Nal Mak Gi	손날막기
Palm Heel Block	Pa T'ang Son Mak Gi	바탕손막기
Hammer Fist Block	Mae Joo Muk Mak Gi	매주먹막기
Ridge Hand Block	Son Deung Mak Gi	손등막기
Chicken/Inflected Wrist Block	Koop Hin Son Mok Mak Gi	굽힌손목막기
Double Knife Hand Block	Too Son Nal Mak Gi	두손날막기
2 Forearm Spreading Block	Hae Ch'yu Mak Gi	해쳐막기
2 Knife Hand Spreading Block	Son Nal Hae Ch'yu Mak Gi	손날해쳐막기
Double Fist X-Block	Ut Gul Ru Mak Gi	엇걸러막기
Double Knife Hand X-Block	Son Nal Ut Gul Ru Mak Gi	손날엇걸러막기
Scissor Block	Ka Wi Mak Gi	가위막기
Mountain Block	San T'eul Mak Gi	산틀막기

Punching

Punch	Chi Reu Gi	지르기
High Punch, Face Punch	Ul Gul, Sang Dan Ji Reu Gi	얼글,상단지르기
Middle Punch	Mom T'ong, Choong Dan Ji Reu Gi	몸통,중단지르기
Low Punch	A Rae, Ha Dan Ji Reu Gi	아래,하단지르기
Double Middle Punch	Choong Dan Doo Bun Ji Reu Gi	중단두번지르기
Triple Middle Punch	Choong Dan Se Bun Ji Reu Gi	중단세번지르기
Walking Punch (Jab)	Pun Dae Ji Reu Gi	번대지르기
Reverse Punch (Cross)	Pa Ro Ji Reu Gi	바로지르기
Side Punch	Yup Ji Reu Gi	옆지르기
Strangle Punch	K'al Jae Bi Ji Reu Gi	칼재비지르기
Round Punch, Spiral Punch	Tol Ryu Ji Reu Gi	돌려지르기
Downward Punch	Nae Ryu Ji Reu Gi	내려지르기
Vertical Fist Punch	Se Wu Ji Reu Gi	세워지르기
Reversed Fist Punch	Se Ch'yu Ji Reu Gi	제쳐지르기
Uppercut Punch	Ch'i Ji Reu Gi	치지르기

Striking

Strike	Ch'i Gi	치기
Back Fist Strike I	Gwon, Teung Joo Muk Ch'i Gi	이권,등주먹치기
Palm Heel Strike	Chang Gwon, Pa T'ang Son Ch'i Gi	장권,바탕손치기
Bear Hand Strike	Kom Son Ch'i Gi	곰손치기
Hammer Fist Strike	Kan Kwon, Me Joo Muk Ch'i Gi	각권,메주먹치기
Knife Hand Strike	Soo Do, Son Nal Ch'i Gi	수도,손날치기
Reverse Knife Hand	Yup Soo Do	옆수도
Ridge Hand Strike	Son Nal Deung Ch'i Gi	손날등치기
Back Hand Strike	Son Deung Ch'i Gi	손등치기
Arch Hand Strike	A Gwi Son Ch'i Gi	아귀손치기
Upward Elbow Strike	P'al Goop Ol Ryu Ch'i Gi	팔굽올려치기
Downward Elbow Strike	P'al Goop Dol Ryu Ch'i Gi	팔굽돌려치기
Turning (Cross) Elbow	P'al Goop Nae Ryu Ch'i Gi	팔굽내려치기
Backward Elbow	P'al Goop Dwi Lo Ch'i Gi	팔굽뒤로치기
Side Elbow	P'al Goop Yup Ch'i Gi	팔굽옆치기
Knee Strike (Upward)	Moo Reup Ch'i Gi	무릎치기
Turning Knee Strike	Tol Ryu Moo Reup Ch'i Gi	돌려무릎치기

Thrusting

Thrust/Poke	Jji Reu Gi	찌르기
Spear Hand	P'yun Son Ggeut, Kwan Soo	편손끝,관수
Spear Hand (Palm to Side)	P'yun Son Ggeut Se Wu	편손끝세워
Spear Hand (Palm Down)	P'yun Son Ggeut Up P'u	편손끝엎퍼
Spear Hand (Palm Up)	P'yun Son Ggeut Je Ch'yu	편손끝제쳐
One Finger Strike	Han Son Ggeut Jji Reu Gi	한손끝찌르기
Two Finger Strike (Together)	Mo Eun Doo Son Ggeut Jji Reu Gi	모은두손끝찌르기
Two Finger Strike (Separate)	Ka Wi Son Jji Reu Gi	가위손찌르기
Three Finger Strike	Mo Eun Je Son Ggeut Jji Reu Gi	모은제손끝찌르기

Kicking

Kick	Ch'a Gi	차기
Front Kick	Ap Ch'a Gi	앞차기
Side Kick	Yup Ch'a Gi	옆차기
Round House Kick	Tol Ryu Ch'a Gi	돌려차기
Back Kick	Tuit Ch'a Gi	뒷차기
Hook Kick	Nakk A Ch'a Gi	낚어차기
Wheel Kick, Thrashing Kick	Hoo Ryu Ch'a Gi	후려차기
Ax Kick, Pick Down Kick	Nae Ryu Ch'a Gi	내려차기
Crescent Kick	Pal Dal Ch'a Gi, P'yo Juk Ch'a Gi	반달차기,표적차기
Inside Out Crescent Kick	Pal Dal Ba Ggat Ch'a Gi	반달바깥차기
Outside In Crescent Kick	Pal Dal An Ch'a Gi	반달안차기
Turning Side Kick	Twi Dol Ryu Yup Ch'a Gi	뒤돌려옆차기
Hopping Side Kick	I Dan Yup Ch'a Gi	이단옆차기
Thrusting Kick	Ch'a Ji Reu Gi	차지르기
Stretch (Push) Kick	Ch'a Ol Ri Gi	차올리기
Continue (Follow-up) Kick	Kye Sok Hae Su Ch'a Gi	계속해서차기
Crossing Kick	Pan Dal Ch'a Gi	반달차기
Jump Kick	Ttui U Ch'a Gi	뛰어차기
Double Kick	Mo Doom Bal Ch'a Gi	모둠발차기
Tornado Kick	Hwi O Ri Ch'a Gi	회오리차기
Scissor Kick	Ka Wi Ch'a Gi	가위차기